

# TOUR DE FORKS



AT CAFE MALTA

Port of Call: CASABLANCA  
Date of entry: 5/6/24

## First

### Matbucha

*Cooked salad of tomato, green pepper, jalapeño, garlic, paprika and olive oil, served with Moroccan bread*

## Second

### Harira

*Red lentil and chickpea soup with tomato, North African spice, olive oil & lemon*

## Third

### Couscous aux Sept Légumes

*Seven-vegetable stew (turnip, butternut, zucchini, carrot, cabbage, onion, and tomato) with chickpeas, cumin, ginger and coriander, served with couscous*

## Fourth

### Sfenj with tfah

*Fluffy fritter topped with apples cooked in cinnamon & orange blossom water*

*Tonight's kitchen crew: Sergio, Aida, Matthew, Miriam, Sandra, & Xotchil  
Tonight's front-of-house crew: Jessica, Gregory, Karla, & Nick*